



Spa Bay

By
Tulum





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The location lends to the Tulum Beach Resort & Spa Dakhla all its energy. The successful harmony between a blissful site and a fine service is a door open for an invigorating and refreshing experience.

The 800 square meter-Spa is a haven of wellness and relaxation where our guests get to enjoy one of our exclusive treatments.

Whether you go for a massage with precious oils, a warm stones treatment, a hammam ritual around the mythical ghassoul clay wrapping and natural herbs or a reflexology session, our Spa is here to take you to a retreat of relaxation and serenity.



Hammam

The Hammam, a genuine jewel of the Spa, is the signature care of the Moroccan culture today it remains a favorite location for regeneration. A Haven of purification actually, it is more than a mere aesthetic ritual !

TRADITIONNAL HAMMAM - 60 min

30 \$ / 27 € / 300 MAD

Scrub + Orange blossom soaping

This traditional bath starts with skin preparation by application of spices-enriched black soap, followed by intensive scrub with a wash glove to rejuvenate the skin. Then, comes the full body orange blossom soaping. The ritual ends with shampooing with a scalp massage for a full mind unwinding.

HEAT OF THE SOUTH HAMMAM - 60 min

35 \$ / 32 € / 350 MAD

Traditional Hammam + wrapping with Ghassoul enriched with spices of the South and Aker El Fassi

Take a trip to the heart of our Moroccan Hamman traditions. Take a deep dive into our history through all the stages of this invigorating traditional bath that starts with soaping with spices-enriched back soap to prepare your skin, followed with intensive glove scrub. Full body wrap with ghassoul enriched with spices of the South and Aker El Fassi (*poppy powder*) will bring you an unbelievable feeling of lightness. The ritual ends with shampooing and a massage of the scalp. It is an ancestral ritual tinged in softness and thoughtfulness.

SAHARA HAMMAM - 75 min

45 \$ / 41 € / 450 MAD

Traditional Hammam + wrapping with TBREMA SEHRAOUIA + hair mask + glow face mask with Nila

Discover the virtues of this invigorating message that draws its richness from the Sahara earth resources. This complete traditional bath starts with application of spices-enriched black soap to prepare your skin, followed with intensive scrub. Then, follows a Sahraoui wrap with spices or Aker El Fassi (*poppy powder*), shampooing and hair mask with a scalp massage. A glow face mask with Nila will end this treatment.

ROYAL HAMMAM BY TULUM BEACH - 75 min

50 \$ / 45 € / 500 MAD

Traditional Hammam +wrap with verbena Ghassoul or natural oriental herbs + hair mask + bespoke face mask

To start off this ritual, a savvy spellbinding blend of olive paste and essences of soothing herbs, called black soap, is applied to the body. It prepares the skin for exfoliation by liberating delicate notes of spices. With a glove, the skin is deeply cleaned to get rid of any impurity, help cells renewal and stimulate blood circulation. The body is then wrapped in Verbena Ghassoul or in natural oriental herbs. This is a trip in the heart of Moroccan traditional practices. The ritual ends with shampooing, hair mask with a scalp massage and a bespoke face mask, adapted to your skin, with clay and rose water or orange blossom lotion.



Massages

Massages are key to your wellness. They bring a feeling of absolute relaxation. Our team will be happy to guide you through this experience, depending on your personal needs and preferences.

RELAXING MESSAGES

DAKHLA ZEN MESSAGE - 30 min / 60 min

40 \$ / 60 \$ - 36 € / 55 € - 400 MAD / 600 MAD

A soft and relaxing massage, ideal for deep relaxation, performed by professional and soothing hands.

DEEP TISSUE MESSAGE - 60 min

65 \$ / 59 € / 650 MAD

This deep massage can be performed in a dynamic manner or Swedish rhythmic style to unravel and alleviate muscle tensions. It is ideal to get ready for efforts or to recover.

WARM STONES MESSAGE - 60 min

80 \$ / 73 € / 800 MAD

This relaxing and resting massage is based on the therapeutic virtues of volcano stones to unravel muscle tensions. This stimulating and invigorating massage brings deep relaxation.

SAHRAOUI MESSAGE WITH SPICES OF THE SOUTH BAGS - 60 min

90 \$ / 82 € / 900 MAD

A massage of the whole body with a mixture of aromatic herbs and spices contained in cotton fabrics warmed in steam. The bags are applied on your skin with smoothing, patting and pressure movements on energy spots and circuits.

CHINESE FEET MESSAGE OR REFLEXOLOGY - 30 min / 60 min

40 \$ / 70 \$ - 36 € / 64 € - 400 MAD / 700 MAD

Foot massage helps reactive blood circulation and alleviate joint pain or feelings of heaviness. Two techniques to choose from are available: the Chinese technique that uses finger pressure to evacuate stress or reflexology, one of the oldest healing techniques that targets foot reflex spots to restore the balance of all organs and help relax.

THERAPEUTIC MESSAGES

THAÏ MESSAGE - 60 min

80 \$ / 73 € / 800 MAD

A massage combined with stretching, rocking movements and circular movements to ease in the best way possible muscle tensions.

MADEROTHERAPY MESSAGE - 60 min

90 \$ / 82 € / 900 MAD

This technique consists of a modeling and slimming massage with wood tools from various sizes and forms, specially conceived to adapt to all parts of the body. Maderotherapy combines a stimulating treatment, deep relaxation and lymphatic drainage.



Treatments

Discover the hidden powers of our treatments
and indulge in a world of multiple feelings

FACIALS

GLOW FACIAL - 45 min

50 \$ / 45 € / 500 MAD

Soft cleansing followed by scrubbing to prepare your skin to receive a face mask and modeling.

NELYA SIGNATURE FACIAL - 75 min

90 \$ / 82 € / 900 MAD

A diagnosis of your skin will be performed before starting the treatment in order to identify most adapted products to your needs (combination skin, dry skin, anti-wrinkles, sensitive skin ...), followed by soft cleansing, scrubbing to prepare your skin for a personalized mask and face modeling.

BODY TREATMENT

SPA BAY BODY TREATMENT - 45 min

50 \$ / 45 € / 500 MAD

This treatment starts with honey/ Verbena exfoliation to get rid of dead cells and other impurities and winds up with a hydrating orange blossom body mask

DAKHLA ZEN BODY CARE - 45 min

60 \$ / 55 € / 600 MAD

This treatment starts with honey/ Verbena exfoliation to get rid of dead cells and other impurities and winds up with a toning and refreshing body mask. It is very efficient for sensitive skin thanks to its smoothing and appeasing virtues.

HEATED BLANKET - 60 min

80 \$ / 73 € / 800 MAD

Orange blossom Ghassoul is spread on the body placed under a heated blanket, which allows the active ingredients produce their effect deeply. This treatment helps in weight loss, cell exchanges and toxin elimination.



Packages

The Spa gives you access to a comprehensive program for an intimate relaxation moment, alone or with your partner, for yourself or as a gift

COUPLE WELLNESS

90 min

120 \$ / 109 € / 1200 MAD

Traditional Hammam
(60min/ person)

Relaxing massage
(30 min/ person)

Detox juice + water

ME TIME

4 h 15 min

140 \$ / 127 € / 1400 MAD

Traditional Hammam (60min)

Glow facial (45min)

Relaxing massage (30min)

Pedicure ,Manucure & Brushing

Detox juice + water

DETOX

3 h 45 min

170 \$ / 155 € / 1700 MAD

Traditional Hammam (60min)

Maderotherapy Massage or Sehwari
Massage with bags (60min)

Heated blanket treatment (60min)

Glow facial (30min)

Detox juice + water

VIP

4 h 30 min

190 \$ / 173 € / 1900 MAD

Royal Hammam (75min)

Warm stones Massage (60min)

NELYA Signature facial (75min)

Manucure & Pedicure

Detox juice + water



Beauty Space

Inside this exceptional warm and intimate location, professionalism and rigor are the rule.

In the professional hands of our experts, everything is done for your total satisfaction,
in a thoughtful and caring atmosphere.

WOMEN HAIRDRESSING

Tips cutting	10 \$ / 9 € / 100 MAD
Children haircut	10 \$ / 9 € / 100 MAD
Brushing	12 \$ / 11 € / 120 MAD
Babyliss	18 \$ / 16 € / 180 MAD
Special Shampoo	25 \$ / 23 € / 250 MAD
Women root coloring	35 \$ / 32 € / 350 MAD
Women haircut + brushing	40 \$ / 36 € / 400 MAD
Women hair dye	60 \$ / 55 € / 600 MAD
Protein /straightening treatment	
• Short hair	150 \$ / 136 € / 1500 MAD
• Shoulder length hair	200 \$ / 182 € / 2000 MAD
• Long hair	280 \$ / 255 € / 2800 MAD

BARBER CARE

Beard normal trimming	10 \$ / 9 € / 100 MAD
Hair cut	15 \$ / 14 € / 150 MAD
Nose, ears hair removal	15 \$ / 14 € / 150 MAD
Regular beard trimming with shape up	18 \$ / 16 € / 180 MAD
Special men shampoo care	18 \$ / 16 € / 180 MAD
Beard dyeing	20 \$ / 18 € / 200 MAD
Head shaving	20 \$ / 18 € / 200 MAD
Hair cut with Normal beard	25 \$ / 23 € / 250 MAD
Hair dyeing	35 \$ / 32 € / 350 MAD
Steam face mask (scrubbing + hydrating mask)	35 \$ / 32 € / 350 MAD
Pack (hair cut / beard trimming / Facial)	55 \$ / 50 € / 550 MAD

HAIR REMOVAL

Eyebrows	8 \$ / 7 € / 80 MAD
Upper lip / Chin	5 \$ / 4 € / 50 MAD
Face	20 \$ / 18 € / 200 MAD
Armpits	18 \$ / 16 € / 180 MAD
Half arms	15 \$ / 14 € / 150 MAD
Arms	25 \$ / 23 € / 250 MAD
Bikini Line	20 \$ / 18 € / 200 MAD
Full Bikini	50 \$ / 45 € / 500 MAD
Half legs	30 \$ / 27 € / 300 MAD
Complete legs	40 \$ / 36 € / 400 MAD
Belly or back or chest	40 \$ / 36 € / 400 MAD

HANDS & FEET

Classic Manicure	15 \$ / 14 € / 150 MAD
Hands nail polishing	10 \$ / 9 € / 100 MAD
Semi-permanent manicure	35 \$ / 32 € / 350 MAD
Classic Pedicure	25 \$ / 23 € / 250 MAD
Toe nail polishing	10 \$ / 9 € / 100 MAD
Semi-permanent Pedicure	40 \$ / 36 € / 400 MAD
Permanent polishing	20 \$ / 18 € / 200 MAD
Gel Removal	15 \$ / 14 € / 150 MAD
Gel Nail Extension with Manicure	52 \$ / 47 € / 520 MAD
Gel Capsule Fill	28 \$ / 25 € / 280 MAD
Permanent Nail Polish Hands	22 \$ / 20 € / 220 MAD
Permanent Nail Polish Feet	22 \$ / 20 € / 220 MAD



Spa Day Pass

Close your eyes and relax for some hours in this haven of relaxation and serenity.

RELAXATION FORMULA - 2h

30 \$ / 27 € / 300 MAD

Access to warm swimming pool, sauna and frozen bath (on appointment)

WELLNESS FORMULA - 2h (warm swimming pool)

40 \$ / 36 € / 400 MAD

Access to warm swimming pool, sauna (by appointment) and gym

SPA BAY BY TULUM FORMULA - 3h

80 \$ / 73 € / 800 MAD

Access to warm swimming pool, sauna and hamman (by appointment)

Lunch formula at the Chiringuito Cabana (pizza or burger + dessert / excluding drinks)

+ Free detox juice or water available at the Spa resting room



Wellness Pass

Our fitness space embraces advanced machines to improve your cardio-vascular performances, maintain your fitness and your body.

Chose the formula that fits you!

ANNUAL MEMBERSHIP	650 \$ / 590 € / 6500 MAD
DAY PASS	20 \$ / 18 € / 200 MAD
10 SESSIONS - 60 MIN/Session (+ 1 free session)	150 \$ / 136 € / 1500 MAD
YOGA COURSES - 60 MIN	40 \$ / 36 € / 400 MAD
INDIVIDUAL YOGA COURSES - 60 MIN	50 \$ / 45 € / 500 MAD



Spa Etiquette

ACCESS TO SPA

Access to the Spa and gym is reserved to adults **above 18**

ARRIVAL TO SPA

We recommend **arriving 20 minutes before your appointment** in order to have time to change, relax et enjoy our site.

Please, note that a late arrival may induce shorter time for your treatment.

MEDICALS CONDITIONS

You will be presented with a medical form upon arrival to the Spa. Please fill in your allergies and indicate if you are pregnant or have a handicap.

CLOTHES

A bathrobe and slippers will be at your disposal at the Spa. Some treatments require that you wear disposable underwear.

Our therapists will let you know when you arrive.

PERSONAL BELONGINGS

Locker rooms are present for your usage at the hotel to keep your personal belongings. Please, do not bring any valuables during your visit to the Spa. The hotel will not be responsible for any loss or damage to your personal belongings. For your wellness, telephones and other electronic devices should be turned off.

PRIVATE SECTION

The Spa has a space that can be privatized. It comprises a treatment cabin, hamman and sauna, the ideal spot for your celebrations. For more information, please ask the Spa lobby.

TULUM BEACH RESORT & SPA GIFT CARDS

Should you wish to gift one of our treatments, gift cards are available at the Spa lobby.

RESERVATIONS

Advance reservations are necessary, including for access to the warm swimming pool and to the sauna, both for external customers and hotel guests, according to availability and capacity.

Dial **1009 from your room or get in touch with us at 06 66 11 25 99 or by mail Spabay@tulumbeachdakhla.com**

For any reservation of at least 4 persons, you will be asked to pay a down payment of 30%.

CANCELLATION POLICY

Any late cancellation, **made less than 5 hours before your appointment**, will result in fees equal to the overall amount of the treatment value. In case of no show-up, the amount of the reserved service will be charged entirely.

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